



Iowa Section IFT

July Newsletter

Volume 10, Issue 5

July, 2011

Meeting dates & locations for 2011-2012

*September 8, 2011 – Templeton, Iowa

*November 17, 2011 – Ames/Des Moines

*February 16, 2012 – Northeast Iowa

*April 19, 2012 – Suppliers' Night in Altoona, Iowa

Inside this issue:

Member Spotlight: 2
A new newsletter feature

Getting Involved in Iowa Section IFT 2

April Meeting Fun Facts 2

April Meeting Minutes 3

May Transition Meeting Minutes 4

May Minutes Continued 5

Executive Committee Contacts 6

Greetings from the Secretary

Hello Iowa IFTers,

I hope you are having a great summer. It seems like it is flying by. The Executive Committee has been busy planning meetings for the upcoming year. We will be moving around the state a little more than we have in the past few years, so put the dates on your calendar and round up your carpool group.

We will start off our year in Templeton for a Templeton Rye whiskey tour. Templeton Rye encompasses interesting Prohibition Era history and food science! Look for more details in mid August. If you can't wait until then, check out their website:

<http://www.templetonrye.com/home/>

See you soon!

Kate Gilbert

Iowa IFT Section Secretary

Bookmark the Iowa Section IFT web page @ www.ift.org/sections/iowa/

Job Postings—Check out job postings or post job openings for your company. Jobs are still being posted!

Webpage Content—If there is something you want to post that is related to our section or you see something that needs to be updated, please contact Kate Gilbert at: kate_gilbert@grainprocessing.com



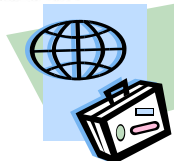
Institute of Food Technologists
Iowa Section

A New Member Segment?

We decided it would be fun to know more about our Iowa Section IFT members. As the secretary in charge of the newsletter, I got to go first. If you would like to volunteer for the membership spotlight, please let me know: kate_gilbert@grainprocessing.com

ISU Food Science Club News

The students of the ISU Food Science Club are busy this summer with internships, study abroad trips and extra coursework. We will look forward to the club's return in the fall!



Iowa Section Member Spotlight

Name: Kate Gilbert

Company: Grain Processing Corporation

Location: Muscatine, Iowa

Job Title: Research Food Scientist

What is something interesting about your job?

I can drive a forklift and run a bagging line now- I never thought I would know how to do either of those things.

What is your favorite food?

Chocolate-in many different forms-but especially my mother's brownies

What is the strangest food you have ever eaten (this could also include an odd pairing of foods)?

Hmm...squirrel because I saw it skinned and cooked before I ate it, but turtle, alligator and escargot were unusual to me.

What are your hobbies?

I am a 4-H club leader. I like to bake and try new recipes. I love attending Iowa State football and basketball games. Also, I own Brown Swiss dairy cows who live at my parents' farm, so I like to visit them often.

What is your favorite part about being an Iowa Section IFT member?

I have been attending meetings since I was a freshman at ISU, so I enjoy seeing friends again plus meeting new people interested in Food Science.



Kate at Old Faithful last summer

Getting Involved in Iowa Section IFT

Would you like to be involved with the Iowa Section, but aren't sure how?

- ◆ Invite another member or potential member to attend a meeting with you.
- ◆ Volunteer to be a host at one of the meetings. All you have to do is greet members when they arrive and hand out nametags.
- ◆ Jump right in and become a Member At Large on the Executive Team. There is still a spot open (with your name on it).

Fun Facts from the April Meeting

- The Iowa Section gave out \$2850 in scholarships to 8 Food Science students. Donations from Kemin Food Ingredients, JM Swank, Caravan Ingredients and Butter Buds plus Iowa Section members made these scholarships possible.
- Section members donated \$100 to Pennies for the Pantry at the April meeting. The Iowa Section will match the \$100 and donate the proceeds to the new SHOP food pantry on the Iowa State University campus.

Iowa Section IFT Minutes of the April Executive Committee Meeting

April 7, 2011 at the Court Avenue Restaurant and Brewing Company, Des Moines, Iowa

Present: Wilson, Randall, Loucks, Swaim, Leas, Jin, Lynch, Cannon

1. **Introduction:** The meeting agenda was presented by Wilson.
2. **Secretary's Report:** The minutes of the previous meeting were approved.
3. **New Member List:** Updated new member list was provided by Kate but best viewed on-line due to formatting.
4. **Treasurer's Report:** Theresa presented Treasurer's report, balance as of March 31, 2011 was \$16,550.08. There is an audit scheduled for October, 2011. The National Student association asked for financial sponsorship for IFT fun run – to be addressed on next year's agenda.
5. **Food Science Club News:** Students have been making fudge and brought fudge to sell at tonight's meeting. Students participated in industry trip to Farmland in Topeka and Frito Lay in Kansas City. On campus student activities include broom ball and volley ball. Students took third place in the college bowl.
6. **Scholarship Update:** Scholarship updates were given by Joan as well as an announcement that Eurofins will offer a \$1000 scholarship next year for a microbiology or food chemistry student.
7. **Officer Nominations:** Joan announced Teresa Busch as our in-coming chair elect and read her bio for the committee. There was further discussion about a member-at-large for the upcoming year and decided to ask if any interest during presentation portion of the meeting. By-laws to be reviewed to determine if there is flexibility in years of service for member-at-large, currently stands at three years.
8. **Community Activities:** It was decided to continue with community activities, i.e. coat drive at the November meeting and Pennies for Pantry type of fundraising.
9. **Other business:**
 - A. There was discussion on the best night of the week to hold section meetings and this topic will be discussed further at transition meeting.
 - B. Strategic leadership conference and National IFT to be attended by Randall, Gilbert and Leas. Randall motioned to pay for Leas' flight, seconded by Loucks.
 - C. The order of the evening program was determined.
 - D. Agenda items for transition meeting:
 - Discuss online registration for the Suppliers' Night
 - Decide on best night for meetings
 - Discuss how to improve attendance at meetings and supplier nights.

Meeting was adjourned.

Minutes submitted by: Linda Loucks

Approved by: Iowa Section Exec-Transition Meeting

Iowa Section IFT Minutes of the May Transition Executive Committee Meeting

May 19, 2011 at Westside Family Dining in Grinnell, Iowa

Members present: Belknap, Busch, Canon, Clark, Gilbert, Kellen, Loucks, Swaim and Wilson

1. **Introductions** were made. New contact information was gathered.
2. The **secretary's report** was presented. Motioned by Clark and seconded by Swaim, the minutes were approved with the addition of the Food Science Club product development team news.
- 3a. Swaim presented the **treasurer's report**. Balance 04-30-11 = \$15,564.22 with \$1075.00 of the balance being available for scholarships. The decrease in funds was due to scholarship checks being written and presented at the April meeting. The treasurer's report was approved.
- 3b. Swaim presented the 2009-2010 finished **budget** as a reference for the 2011-2012 budget. It was noted that the Section is breaking even on meeting meals and will aim to do so in the future. The travel grant amount was set at \$200 previously, but will be increased to \$500. The scholarship budgeting and actual did not match and will need to be monitored.
4. **Scholarships** were discussed in some length.
 - A.) The section is getting good sponsorship from Iowa companies, but has a hard time collecting enough money from member donations to cover the undergraduate and graduate scholarships totally \$1000. It was suggested by Gilbert that we could use the company sponsorships for the undergraduate and graduate scholarships in addition to the industry scholarships.
 - B.) Combining company sponsorships may help determine the number of scholarships given out.
 - C.) The application format was also discussed. The application criteria will now include attending a university in Iowa.Leas moved and Clark seconded the motion that scholarship applicants are required to be Iowa Section IFT members. In addition, extra points will be given to students who attend Iowa Section IFT meetings. Clark volunteered to join the scholarship committee. Busch will check with the Wisconsin Section IFT to see if they will share their scholarship application criteria.
5. **New Member Update:** Belknap volunteered to send new members a welcome email. Hosts can be chosen by location. Hosts would greet members and help with nametags. This would be a great way to get more members involved in the meetings. Busch suggested a member spotlight to be added to the newsletter. Also, the Culinary Science Club at Iowa State would be interested in attending our meetings.

Iowa Section IFT Minutes of the May Transition Executive Committee Meeting

6. **Meeting ideas** for the 2011-2012 year were discussed.

A.) Company presentations were mostly successful at the April meeting. Presentations ran longer than scheduled, so fewer presentations may need to be scheduled for a program.

C.) Tour ideas for this year include: Tassel Ridge Winery, Frisian Farms, West Liberty Foods, Genencor, Cole's Bakery, Millstream Brewery, Templeton Rye (and invite the Aksarben Section), Restaurant companies based out of Iowa (Panchero's, Maid-Rite, Pasqual's) and Foodservice establishments like I-Cubs ballpark, Wells Fargo arena or university facilities.

D.) Speaker ideas included Bob Gravani, Joe Regenstein (kosher labeling), Doug Powell (KSU, food safety & functional foods), Starbucks coffee and chocolate pairing and a marketing company rep to talk about trends.

E.) For Suppliers' Night we discussed how to attract more attendees. A culinology challenge was suggested along with a couple sessions. It was moved by Gilbert and seconded by Belknap to have the 2012 Suppliers' Night at the Adventureland Inn in Altoona, Iowa on April 19. The motion carried.

The fee for the ballroom, boardroom and dining room is \$660.

The buffet will cost between \$12 and \$19 with a 6% sales tax and 19% gratuity added.

The 2010 night had 32 tables and 75 people attended.

F.) Charitable donations activities will continue. The coat and food drive in November has very good participation. In addition, \$100 was donated by members for the Pennies for the Pantry collection at the April meeting. The Iowa Section will match the \$100. Busch suggested and the group agreed that the \$200 be donated to the new SHOP food pantry on the ISU campus.

7. **Iowa State Fair Judging** was not planned this year. A new summer activity will be brainstormed.

8. **Science Fair Judging and Awards:** The Iowa Section did not participate in the science fair judging this year, but we decided we would like to do it again next year. Clark volunteered to organize the judging.

9. **Strategic Leadership Forum:** Leas, Randall and Gilbert will attend the forum at this year's National IFT in New Orleans.

10. For other items, Gilbert will check on report deadlines and will pass along the information. Also, we did not have a National IFT rep at any of our meetings. Wilson will check with National on this. (August 31: Annual Reports are due, October 31: Financial Reports are due)

11. No further business was presented. It was motioned by Gilbert and seconded by Clark to adjourn the meeting. Motion carried. Meeting was adjourned.

Submitted by: Kate Gilbert, Iowa Section IFT Secretary

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