



Iowa Section IFT September Newsletter

Volume 11, Issue 1

September, 2011

Meeting dates & locations for 2011-2012

*September 8, 2011 – Templeton, Iowa

*November 17, 2011 – Ames/Des Moines

*February 16, 2012 – Northeast Iowa

*April 19, 2012 – Suppliers' Night in Altoona, Iowa

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Greetings from the Secretary

Hello Iowa IFTers,

This is the September newsletter before September. Don't panic-we just had to move the meeting a week earlier and wanted to give you plenty of time to RSVP. The theme for the September meeting is Whiskey and Wine! We will be inviting the Aksarben Section and hope some of our western Iowa members can join us.

We will start off in Templeton for a Templeton Rye whiskey tour and tasting. From there we will go to Carroll for a tour, tasting and dinner at the Santa Maria winery. We rarely do two tours and tastings in one meeting, but thought we should take advantage of both opportunities while we were in the area. Everyone is invited to participate in both the tours, but you must be 21 years or older to participate in the tastings.

See you soon!

Kate Gilbert

Iowa IFT Section Secretary

Bookmark the Iowa Section IFT web page @ www.ift.org/sections/iowa/.

Job Postings—Check out job postings or post job openings for your company. Jobs are still being posted!

Webpage Content—If there is something you want to post that is related to our section or you see something that needs to be updated, please contact Kate Gilbert at:

kate_gilbert@grainprocessing.com



Institute of Food Technologists
Iowa Section

A New Member Segment?

We decided it would be fun to know more about our Iowa Section IFT members. Two members are featured here (it was easy and painless). If you would like to volunteer for the membership spotlight, please let me know: kate_gilbert@grainprocessing.com

Getting Involved in the Iowa Section

Would you like to be involved with the Iowa Section, but aren't sure how?

- ◆ Invite another member or potential member to attend a meeting with you.
- ◆ Volunteer to be a host at one of the meetings. All you have to do is greet members when they arrive and hand out nametags.
- ◆ Jump right in and become a Member At Large on the Executive Team. There is still a spot open!

Iowa Section Member Spotlight

Name: Travis Krause

Company: Citrus and Allied Essences & Trilogy Essential Ingredients

Location: Des Moines, IA

Job Title: Account Manager

What is something interesting about your job?

The ingredients I work with have a lot of applications, so I work with a lot of different industries. I spend time with meat plants, dairy customers, flavor manufacturers and beverage companies. They're all Food Companies, but they have a lot of unique ideas. I truly do learn something new every day!

What is your favorite food?

I'm a big fan of fresh lobster or Tuna since I don't get to eat it everyday living in Iowa. (Pork and Beef are awesome too). Anything homemade is my preference - I'm not a fan of dinner from a box.

What is the strangest food you have ever eaten (this could also include an odd pairing of foods)? My great-grandmother made me eat poached eggs when I was little. I don't even know if they taste bad now, but I'm very afraid of trying them again!

What are your hobbies? I definitely like to be outdoors fishing and hunting. I also enjoy archery and practicing in my backyard. I have a little boy too, so my new hobby is playing choo-choo on the living room floor when I'm instructed to do so.

What is your favorite part about being an Iowa Section IFT member? The Iowa section is very fun because the members really try to have a great time while learning something. It is a smaller group than some of the other sections so that makes it very easy to meet everyone and feel welcome. The ISU Food Science club is very active too, which is always interesting. Since everyone remembers their college days and will always be working with new graduates, it makes for great transitions.



Name: Teresa Busch, 2011 Chair Elect

Company: Kraft Foods, Oscar Mayer through Management Alliance Programs, Inc.

Location: Cyberspace...I telecommute to Madison, WI from Ankeny.

Job Title: R&D Food Science Consultant

What is something interesting about your job?

I really do know what is in hot dogs and bologna. I used to see the Weinermobile all the time. No, they wouldn't let me drive it. I am building an innovation blog for my new product development group. My commute is 5 seconds, more if I stop for coffee. I'm in R&D and I work from home.

What is your favorite food?

Cheese, it makes everything better. But then again, so does bacon.

What is the strangest food you have ever eaten (this could also include an odd pairing of foods)? I have to say chicken feet, but I want to say durian. My brother is dying to taste durian with me.

What are your hobbies? Hmm...I have a toddler; I don't get out much. I am working on a native prairie flower bed in my backyard and am enjoying a small veggie garden. I recently started running again.

What is your favorite part about being an Iowa Section IFT member? I am new to the Iowa Section having just joined in the Fall of 2010, so my favorite part is feeling very welcomed into the group, even being asked to run for chair-elect. I also love that I have the opportunity to plan some great events for us this year and to get to know and be of service to our food science community.



Whiskey and Wine-the Backstory

TEMPLETON - PROHIBITION ERA WHISKEY - RYE

When Prohibition outlawed the manufacture and sale of alcoholic beverages in 1920, many enterprising residents of a small town in Iowa chose to become outlaws – producing a high caliber and much sought-after whiskey known as Templeton Rye. Based on its extremely smooth finish, the American rye whiskey earned the nickname of “The Good Stuff” and quickly brought a certain degree of fame to the doorsteps of Templeton (pop. 350). As the premium brand of the era, Templeton Rye fetched an impressive \$5.50 per gallon – or approximately \$70 by today’s standards. Over the course of its storied history, Templeton Rye became Al Capone’s whiskey of choice, quickly finding its way to the center of his bootlegging empire. Hundreds of kegs per month were supplied to Capone’s gang who in turn filled the demand of speakeasies throughout Chicago, New York and as far west as San Francisco. Capone was eventually convicted on charges of tax evasion and sent to prison. Later legends suggest that a few bottles even found their way inside the walls of Alcatraz to the cell of prisoner AZ-85. Although most American whiskeys ceased production after prohibition ended, Templeton Rye continued to be produced illegally in small quantities for loyal patrons. More than eighty-five years later, the infamous small batch rye whiskey finally returned – made available legally for the first time ever in 2006.



Santa Maria Vineyard & Winery is a unique old-world style urban winery, tasting bar, bistro, and events center located in downtown Carroll, Iowa. Recently opened in Summer 2009, it's a wonderful place to kick back, enjoy a glass of wine, have a taste of something from our bistro, and learn about the wine making process. Santa Maria Winery has over 25 different wines to try. From dry to sweet, big bold reds to light and fruity whites, the winery has tastes for every palate.

How Santa Maria Began: For 30 years, John and Rose Guinan lived with their family in Omaha, NE. In 1999, John developed an interest in making wine and it quickly became his at-home hobby. Around 2005, John grew tired of working in the corporate world and decided that his hobby could become his business. Rose was delighted – her kitchen would finally be clear of wine splatters on her cupboards! With most of their six kids grown and out of the house, they picked up and moved to Carroll, near Rose's home town. For the vineyard, they found the perfect land next to St. Mary's Church in Willey - only a mile from where Rose grew up. A machine shed served as the first temporary winery before the winery and events center was built in downtown Carroll.

ISU Food Science Club News



- Fudge sales were a success! We sold-out of our new flavor: White Chocolate Raspberry as well as chocolate mint!
- The Product Development team placed fourth in the Danisco Knowledge Award Competition with their gluten free rolls.
- The Iowa State ClubFest will be held on September 7th. Our club will have a booth at the event to inform students about our club and promote club participation.
- ConAgra will present about career opportunities at a club meeting on October 17th.

Award Winners from the April Meeting

UNDERGRADUATE SCHOLARSHIP

\$500 – Lumeng Jin

GRADUATE SCHOLARSHIP

\$500 – Babu Chinnasamy

MFPC MEMORIAL SCHOLARSHIP

\$250 – Sakthi Vigayakumar

\$250 – Catherine Lynch

IOWA INDUSTRY SCHOLARSHIPS

Kemin \$1,000 – Allison Berquist

JM Swank \$250 – Pradeep Narayanan

Caravan Ingredients \$250 – Molly Mayer

Butter Buds \$100 – Krista McCarty

IOWA SECTION VOLUNTEER MEMBER OF THE YEAR

Kelly Belknap

Whiskey and Wine: Iowa Section IFT September Tour & Meeting

Date: Thursday, September 8th, 2011
Whiskey: Templeton Rye
 (209 E. 3rd Street Templeton, Iowa 51463)
Wine: Santa Maria Winery
 (218 West 6th Street, Carroll, Iowa 51401)

Attention Student Members:
 Everyone is invited to attend both
 the Templeton Rye whiskey tour and
 Santa Maria winery tour, but you
 must be 21 years or older to partici-
 pate in the tastings.

Agenda:

3:15-4:15 Exec Committee Meeting
 4:30-5:30 Templeton Rye Tour
 6:00-7:00 Wine Tour and Wine Tasting with appetizers
 7:00-8:00 Dinner
 8:00-8:30 Business meeting

Directions:

To Templeton Rye From I-80: Take exit 60 to US 71 North for approximately 30 minutes. Continue north where US 71 intersects IA-141. The road will become Rye Avenue and you will find Templeton Rye on the right hand side just before the road curves towards downtown Templeton.

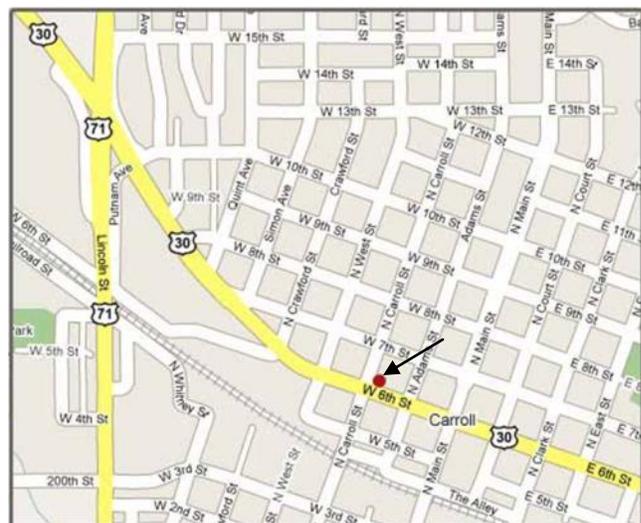
To Santa Maria Winery from Templeton Rye: Travel north on Rye Ave/Co. Hwy N18 through town. Turn right/east on 300th St/Co Rd E57 (3 miles). Turn left/north on US-71 N/Co Rd E57 (10 miles). Take a sharp right onto U.S. 30 E/6th Street. Destination will be on the left (0.7 mile). Parking is available behind the winery (north) and across the street in the Citi Plaza (southwest).

Templeton Rye in Templeton, Iowa



Still not sure where you are going? Feel free to map out the addresses listed above for more information.

Santa Maria Winery in Carroll, Iowa



Iowa Section IFT Minutes of the May Transition Executive Committee Meeting

May 19, 2011 at Westside Family Dining in Grinnell, Iowa

Members present: Belknap, Busch, Canon, Clark, Gilbert, Kellen, Loucks, Swaim and Wilson

1. **Introductions** were made. New contact information was gathered.
2. The **secretary's report** was presented. Motioned by Clark and seconded by Swaim, the minutes were approved with the addition of the Food Science Club product development team news.
- 3a. Swaim presented the **treasurer's report**. Balance 04-30-11 = \$15,564.22 with \$1075.00 of the balance being available for scholarships. The decrease in funds was due to scholarship checks being written and presented at the April meeting. The treasurer's report was approved.
- 3b. Swaim presented the 2009-2010 finished **budget** as a reference for the 2011-2012 budget. It was noted that the Section is breaking even on meeting meals and will aim to do so in the future. The travel grant amount was set at \$200 previously, but will be increased to \$500. The scholarship budgeting and actual did not match and will need to be monitored.
4. **Scholarships** were discussed in some length.
 - A.) The section is getting good sponsorship from Iowa companies, but has a hard time collecting enough money from member donations to cover the undergraduate and graduate scholarships totally \$1000. It was suggested by Gilbert that we could use the company sponsorships for the undergraduate and graduate scholarships in addition to the industry scholarships.
 - B.) Combining company sponsorships may help determine the number of scholarships given out.
 - C.) The application format was also discussed. The application criteria will now include attending a university in Iowa.Leas moved and Clark seconded the motion that scholarship applicants are required to be Iowa Section IFT members. In addition, extra points will be given to students who attend Iowa Section IFT meetings. Clark volunteered to join the scholarship committee. Busch will check with the Wisconsin Section IFT to see if they will share their scholarship application criteria.
5. **New Member Update:** Belknap volunteered to send new members a welcome email. Hosts can be chosen by location. Hosts would greet members and help with nametags. This would be a great way to get more members involved in the meetings. Busch suggested a member spotlight to be added to the newsletter. Also, the Culinary Science Club at Iowa State would be interested in attending our meetings.

Iowa Section IFT Minutes of the May Transition Executive Committee Meeting Continued

6. **Meeting ideas** for the 2011-2012 year were discussed.

A.) Company presentations were mostly successful at the April meeting. Presentations ran longer than scheduled, so fewer presentations may need to be scheduled for a program.

C.) Tour ideas for this year include: Tassel Ridge Winery, Frisian Farms, West Liberty Foods, Genencor, Cole's Bakery, Millstream Brewery, Templeton Rye (and invite the Aksarben Section), Restaurant companies based out of Iowa (Panchero's, Maid-Rite, Pasqual's) and Foodservice establishments like I-Cubs ballpark, Wells Fargo arena or university facilities.

D.) Speaker ideas included Bob Gravani, Joe Regenstein (kosher labeling), Doug Powell (KSU, food safety & functional foods), Starbucks coffee and chocolate pairing and a marketing company rep to talk about trends.

E.) For Suppliers' Night we discussed how to attract more attendees. A culinology challenge was suggested along with a couple sessions. It was moved by Gilbert and seconded by Belknap to have the 2012 Suppliers' Night at the Adventureland Inn in Altoona, Iowa on April 19. The motion carried.

The fee for the ballroom, boardroom and dining room is \$660.

The buffet will cost between \$12 and \$19 with a 6% sales tax and 19% gratuity added.

The 2010 night had 32 tables and 75 people attended.

F.) Charitable donations activities will continue. The coat and food drive in November has very good participation. In addition, \$100 was donated by members for the Pennies for the Pantry collection at the April meeting. The Iowa Section will match the \$100. Busch suggested and the group agreed that the \$200 be donated to the new SHOP food pantry on the ISU campus.

7. **Iowa State Fair Judging** was not planned this year. A new summer activity will be brainstormed.

8. **Science Fair Judging and Awards:** The Iowa Section did not participate in the science fair judging this year, but we decided we would like to do it again next year. Clark volunteered to organize the judging.

9. **Strategic Leadership Forum:** Leas, Randall and Gilbert will attend the forum at this year's National IFT in New Orleans.

10. For other items, Gilbert will check on report deadlines and will pass along the information. Also, we did not have a National IFT rep at any of our meetings. Wilson will check with National on this. (August 31: Annual Reports are due, October 31: Financial Reports are due)

11. No further business was presented. It was motioned by Gilbert and seconded by Clark to adjourn the meeting. Motion carried. Meeting was adjourned.

Submitted by: Kate Gilbert, Iowa Section IFT Secretary

IFT IOWA-SECTION EXECUTIVE COMMITTEE 2011-2012**CHAIR (11-12)**

Joan Randall
 Kemin Food Ingredients
 2100 Maury St.
 Des Moines, IA 50317
 Phone: 515-559-5492
 Fax: 515-559-5250

joan.randall@kemin.com

PAST CHAIR (11-12)

Lester Wilson
 University Professor
 Iowa State University
 2312 Food Sciences Building
 Ames, IA 50011
 Phone: 515-294-3889
 Fax: 515-294-8181

lawilson@iastate.edu

CHAIR-ELECT (11-12)

Teresa Busch
 MAP Inc/Kraft
 1513 NW Maple Place
 Ankeny, IA 50023
 Phone: 608-772-2035
teresa.busch@kraftfoods.com

SECRETARY (9-12)

Kate Gilbert
 Grain Processing
 1600 Oregon Street
 Muscatine, IA 52761
 Phone: 563-264-4419
 Fax: 563-264-4289

kate_gilbert@grainprocessing.com

TREASURER (10-13)

Theresa Swaim
 Talent Acquisition Consultant
 Pioneer Hi-Bred International
 7100 NW 62nd Street
 Johnston, IA 50131
 Phone: 515-535-7592

theresa.swaim@pioneer.com

MEMBER-AT-LARGE (9-12)

Dawn Canon
 Burke Corporation
 1516 South D. Avenue
 Nevada, IA 50201
 Phone: 515-382-8446
dmcannon@burkecorp.com

MEMBER-AT-LARGE (9-12)

Sharon Leas
 1904 Locust Street
 Granger, IA 50109
 Phone: 515-953-8328
skleas@hotmail.com

MEMBER-AT-LARGE (10-13)

Stephanie Clark
 Dept. of Food Science & Human Nutrition
 Iowa State University
 2312 Food Sciences Building
 Ames, IA 50011
 Phone: 515-294-8181
 Fax: 515-294-7346
milkmade@iastate.edu

MEMBER-AT-LARGE (10-13)

Linda Loucks
 JM Swank Co.
 P.O. Box 365
 North Liberty, IA 52317
 Phone: 319-626-5957
linda.loucks@conagrafoods.com

MEMBER-AT-LARGE (10-13)

Kelly Belknap
 Grain Processing
 1600 Oregon Street
 Muscatine, IA 52761
 Phone: 563-264-4419
 Fax: 563-264-4289
kelly.belknap@grainprocessing.com

STUDENT REPRESENTATIVES (2011)

Lumeng Jin jlumeng@iastate.edu
 Katie Lynch calynch@iastate.edu

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 Food Technologists

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