



Iowa Section IFT February Newsletter

Volume 11, Issue 3

February, 2012

Meeting dates & locations for 2011-2012

*September 8, 2011 –
Templeton, Iowa

*November 17, 2011 –
Des Moines, Iowa

*February 16, 2012
– Lynnville/Sully

*April 19, 2012
– Suppliers' Night in
Altoona, Iowa

Inside this issue:

Member Spotlight	2
ISU Food Science Club News	2
Iowa Suppliers' Night Schedule	3
Ebert Honey Company	4
Maasdam Sorghum Mills, Inc.	4
February Meeting Details	5
February Meeting Registration	6
November Meeting Minutes	7-8
Executive Committee Contact Info	9

Greetings from the Secretary

Hello Iowa IFTers,
Happy 2012! Our Iowa Section IFT activities continue into the new year with our Sweet February meeting. It will take place Thursday, February 16th and will include a tour of the Ebert Honey Company near Lynnville, Iowa. Continuing the sweetener theme, we will also be hearing about sorghum syrup from Maasdam Sorghum Mills.

A Programming Note: We had penciled in an egg meeting for February, but the speakers were unavailable. We would still like to have this topic at a meeting in the future and will continue to work on the scheduling.

A Membership Reminder: If you have not renewed your IFT membership yet, now is the time to do it. Just go to: <http://www.ift.org/membership/join.aspx> and choose "Renew Online". Remember to renew your Iowa Section (#13) membership in the Regional Section. If you would just like to be an Iowa Section member, go to <http://www.ift.org/sections/iowa/pages/membership.htm> for the Iowa Section membership form.

See you soon!

Kate Gilbert

Iowa IFT Section Secretary

**Bookmark the Iowa Section IFT web page @
www.ift.org/sections/iowa/.**

Job Postings—Check out job postings or post job openings for your company. Jobs are still being posted!

Webpage Content—If there is something you want to post that is related to our section or you see something that needs to be updated, please contact Kate Gilbert at:

kate_gilbert@grainprocessing.com



Scholarships
Iowa Section IFT
Scholarship
applications are
now available
and are due Fri-
day, March 30,
2012.

Scholarships will be awarded on April 19th at the Suppliers' Night dinner meeting. Attendance is highly recommended.

New this year:
To be considered for a scholarship, each student must be a member of the Iowa Section IFT. Attendance at Iowa Section meetings will be taken into consideration for scholarships.

Scholarships include:

- Outstanding Undergrad
- Outstanding Graduate
- MFPC Memorial
- Iowa Food Industry

To download an application or for more information, go to <http://www.ift.org/sections/iowa/pages/scholarship.htm>

Iowa Section Member Spotlight

Name: Bob Olson

Company: Retired since 2003 from Grain Processing Corporation (GPC)

Location: Muscatine

Job: After graduation from the University of Wisconsin, I spent all my career at GPC in a variety of Food Product Development areas.

Something interesting about the job: The opportunity to eat some of the lab work.

Favorite food: Big juicy steak

Strangest food: Not so sure about strange, but I do not like the Norwegian Lute-fisk -- essentially a pre-digested cod. I have not tried it again since I was a kid.

Hobbies: Gardening, woodworking, and raising a few chickens.

Favorite part about being an Iowa Section Member: I became a member of the Iowa Section in 1970 and attended the February 1970 meeting in Cedar Rapids. IFT, both at the section level and the national level, has been a great place to establish friendships and to network. The networking has been in valuable and something every member should use. It is an opportunity to quickly and easily get answers to questions when needed.

I spend most of my time in Wisconsin where I grew up. However I still try to get to some of the Section meetings and support the various activities.
Go Iowa Section!



ISU Food Science Club News



- The club executive board election was held last November. We have elected a new President, Vice-President, Secretary, Treasures, Representatives for IFT, College of Human Sciences, College of Ag and Life Sciences, Public Relations, and two Co-Social Representatives.
- The Club plans on having more social events including serving meals at the Ronald McDonald House. We are also working with the Culinary Sciences Club to hold a 'CHOPPED' competition among students.
- A new and exciting social event for the club is that we will be having a Pastry Chef visit us at our February 8th Meeting. This will be an opportunity for students to observe a pastry chef at work and learn the science and techniques of pastry.
- Our three product development teams are working hard on their products. One team will enter the IFT Product Development Competition, one will enter the Danisco Competition, and one will enter the Dairy Research Institute New Product Competition (a new competition this year).
- The club is hosting an Industry Night with Cargill on January 31st. This is an opportunity for our club members to learn about internships and full-time opportunities with Cargill.

Iowa Suppliers' Night**April 19th, 2012****Altoona, Iowa****Location:** Adventureland Inn, 3200 Adventureland Drive, Altoona, IA

Schedule:	11am-7:00pm	Culinary Challenge
	2:00 – 4:00pm	Set-up for Suppliers' Night
	4:00 – 6:00pm	Suppliers' Night including Door Prize BINGO
	4:15 – 4:45pm:	Trends Talk "Flavors: Screening & Handling" FONA
	5:30 – 6:15pm:	Trends Talk "Keeping Up with What's Next" FONA
	6:00 – 7:00pm	Social Hour with Culinary Challenge Tasting
	7:00 – 9:00pm	Join us for Dinner, Student Updates and Awards

How to Participate:

If your company would like to show at the Suppliers' Night, please register now. The registration form can be found on our website: <http://www.ift.org/sections/iowa/index.html>

If you would like to attend the Suppliers' Night, Trend Talks and Dinner, an attendee registration form will be available on the website shortly.

If you would like to get involved with the Culinary Challenge, we are looking for industry team members, judges and sponsored ingredients. More information will be posted soon. The Culinary Challenge will have an Anti-Chopped theme where each team will be allowed to bring four ingredients with them. From there they will have to use the industry-sponsored ingredients in the "pantry" to create a fried appetizer.



IFT
2012-2011
Section of Excellence

REGISTER NOW!!!
Iowa Section IFT Suppliers Night

April 19, 2012

NEW THIS YEAR:
Culinary Challenge & Guest Speakers
Register soon to save your space.
Tables are only \$135!

For More Information:
www.ift.org/sections/iowa

The Tour: Ebert Honey Company



This is what Phil Ebert has to say about the business:

“We started out in 1980 with two colonies of bees. It was a hobby. Then it became a vehicle for my sons to make money. Gradually, it became my living. My son Adam was instrumental in growing the business. He bought his first bees in 1994 when he was twelve. This was after a disastrous 1993. He did well. I turned him loose when he was fifteen. I still had a supplemental job at the time. We went from 50 to 300 colonies in what seemed like a heartbeat. We are taking 700 into winter this year. The heart of our business is direct sales of honey to grocery stores. We also handle package bees, beeswax, pollen and have a small queen production operation. Adam now teaches history at Mt Mercy College in Cedar Rapids but he still does our queens and has 150 colonies of bees in the Cedar Rapids area. My oldest son Alex takes care of the bees in the Lynnville area. I do whatever is left over.”

The tour will include a talk about bees which will explain how the hive is made up and how the bees are managed. After the talk, Phil will show how they bottle honey and explain the extracting system. Bring along your honey and bee questions!

Their website has more information and lots of great photos: www.eberthoney.com

The Presentation: Maasdam Sorghum Mills, Inc.

Maasdam Sorghum Mills produces pure sorghum syrup derived from the sweet sorghum cane. We are a small family corporation consisting of five members. This family tradition goes back to the late 1800's near Pella, IA and early 1900's near Lynnville, IA. Since 1926 the family has produced sorghum syrup every year. The seventh generation is now becoming involved in how to produce this old fashioned sweetener.



Our family oversees the sorghum process from start to finish. The cane is planted in May and harvested in September. There are still producers that use a horse and a circular press. In 1944 a steam engine was installed in our mill. We still use this engine today to power the press and augers. We cook with steam which helps us be more precise in the cooking process. We can produce between 500 to 600 gallons a day. Much of our product is sold wholesale. Tours during our harvest time in September are welcomed.

Our biggest challenge is educating people on the difference between sorghum and molasses. Sorghum is a little sweeter than molasses, but the sorghum produced in Iowa has the same dark color of molasses. Molasses comes from sugar cane and when they extract the raw sugar, what is left is the molasses syrup. Sorghum comes from sweet sorghum cane, not to be confused with grain sorghum. We press the stalk for the juice and boil the juice to produce a thick syrup. No crystallized sugar is not extracted

There are many ways to use sorghum. Use it as a table syrup on pancakes or in baking of cookies, baked beans, and breads to name a few. You can exchange sorghum in recipes that call for molasses, dark karo syrup, or honey. Sorghum can also be exchanged in recipes which call for brown sugar.

For more information you can contact Jennifer Kramer at sorghum@netins.net.

Iowa Section IFT February Tour & Meeting

Date: Thursday, February 16th, 2012
Tour: Ebert Honey Company
 (14808 S. 102nd Ave. E., Lynnville, Iowa 50153)

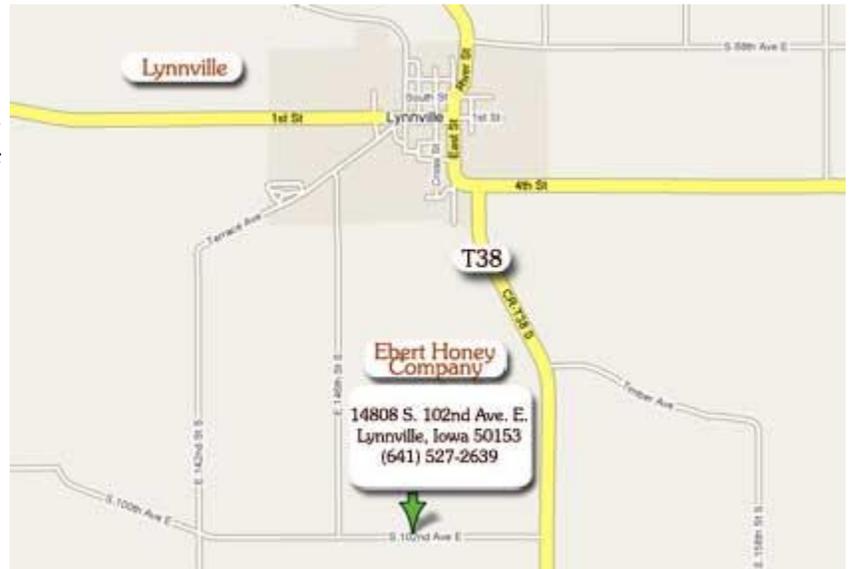
Dinner: Coffee Cup Café
 (616 4th Street, Sully, Iowa 50251)

Agenda:

3:00-4:15 Exec Committee Meeting at the Coffee Cup Café
 4:30-5:30 Ebert Honey Tour
 5:30-6:00 Travel to Coffee Cup Café (not really a 30 minute drive-just allowing extra time for questions and rounding everyone up...)
 6:00-6:40 Social Hour
 6:40-7:00 Maasdam Sorghum Mills Presentation
 7:00-8:00 Dinner
 8:00-8:15 Business meeting

Getting to the Meeting:

Ebert Honey is located just south of the small town of Lynnville, IA. It is 10.5 miles south of Interstate 80 Exit 179, just off county road T-38. Check out their maps for more information: <http://www.eberthoney.com/Location.html#Location>



To get to the Coffee Cup Café from Ebert Honey:

Take S 102nd Avenue E east to Hwy T-38
 Turn left (north) onto Hwy T-38. Go into Lynnville ~1.6 miles.
 Turn left (west) onto 1st Street/County Rd F62 and drive ~3.3 miles
 Turn left (south) onto 7th Avenue and drive 3 blocks to 4th Street.
 Turn right (west) and the Café will be on the left.

If you get lost, call one of the exec members. We have listed our cell numbers with our contact information on the last page of the newsletter.

Iowa Section IFT February Meeting and Program

Please mail or email the following form to Teresa Busch by **5:00 pm on February 10th**. Emailing the information below (name, member/visitor/student and special food needs) without this form is also acceptable. Payment, by cash or check, can be sent with the registration, but can also be paid at the meeting. Checks should be made to:

Iowa Section IFT

Teresa Busch
 MAP Inc/Kraft
 1513 NW Maple Place
 Ankeny, IA 50023
 Phone: 608-772-2035
teresa.busch@kraftfoods.com

Registration includes the following:

Members & Guests: \$25.00 Students: \$15.00

****Please fill out and return registration below by 5:00 pm on Friday, February 10th.****

We will be ordering off of the menu at the Coffee Cup. The meal will include classic entrées like hot beef, specialty burgers and salads. The vegetarian meal will be a veggie fettuccine alfredo. Each entrée includes a side like 4 kinds of homemade soup. Pie will be for dessert.

Name	Member, Visitor or Student	Any Food Allergies or vegetarian option needed?	Total

Iowa Section IFT Minutes of the November Executive Committee Meeting

Iowa Section IFT Executive Committee Meeting
November 17, 2011 at Eurofins Scientific, Des Moines, Iowa

Members present: Belknap, Busch, Canon, Gilbert, Jin, Leas, Lynch, Randall and Wilson

1. **Introductions** were made. Angela Laury, a new Assistant Professor in the FSHN Department at Iowa State University was in attendance as a visitor.

2. The **secretary's report** was presented. Motioned by Wilson and seconded by Busch, the minutes were approved as read with the addition of contributing \$100 to the Pediatric Brain Tumor Research Fund in Quinn Boylston's name.

3. **Treasurer's report:** Swaim submitted the treasurer's report in advance. The balance as of 10-31-11=\$14,971.82 with \$1075.00 of the balance being available for scholarships. IFT membership dues have been deposited in the account since the last meeting. Supplier Night postcards and postage plus the donation to the SHOP food pantry were the main expenses. \$50 worth of gift cards was purchased for prizes for the food and coat drive. Wilson moved to approve the treasurer's report, Randall made the second and the report was approved.

4. **Scholarships** were discussed. Gilbert updated the scorecard and application since the last meeting. Input needed from exec members included how many references are needed and is the current and future coursework portion needed. It was decided that one reference for all applications would be sufficient. The current and future coursework portion will be removed from the application.

5. **Registration Forms:** Currently the registration form is included in the newsletter as a pdf. Busch noted that a few requests have been made to have the registration in a word document. This change was made for a few for the November meeting and will be made available to everyone in the future.

6. **Suppliers Night:** Busch reported that only one company has signed up for the supplier night. Three companies have inquired with Swaim. Advertising methods discussed were postcards to past suppliers, National IFT calendar postings and email blasts, and listing the event in the Food Technology magazine and possibly other magazines. The exec members may be called on to contact suppliers directly. Along with the Suppliers' Night, we will be hosting a Culinary Challenge. The details are still being worked out. Plenish soybean oil would like to sponsor the event if the products can be fried. A meeting with Adventureland Inn will be setup to determine if frying is an option. Speakers from FONA will be giving two talks during/overlapping the Supplier Night; the topics are still being confirmed. Other speaker ideas include food safety and new engineering or processing technology.

Iowa Section IFT Minutes of the November Executive Committee Meeting Continued

7. Payment Method: Gilbert reported on a new device called a square reader. It can be attached to an iPhone, iPad, or droid-based phone or tablet and runs off a specific app designed to read credit cards. The square reader will accept payment from the four major credit cards and deposits money directly into a predetermined bank account. The fee is a set 2.75% regardless of transaction amounts or frequency. A receipt can be sent to an email account after each transaction. Having a way to accept credit card payments would be convenient for the section members. Swaim will be asked to apply for a square reader for the Section and the technology will possibly be piloted at the February meeting.

8. February Meeting: The meeting topic for February is egg safety. Busch contacted LeNae at Sparboe in regards to the meeting topic. LeNae reported that the Section would not be able to tour their farms or facility. Instead, Sparboe would be happy to speak at and help set up an "Eggs 101" which would include information about their farms and cracking facility. Belknap will look for a location in the Cedar Rapids area. *Since the November meeting, Sparboe was not able to make the February meeting work in their schedule. The egg topic will be pursued at a later date.*

9. Survey Results: Randall tallied the results from the survey in September. 17 members use Facebook, 5 members do not. 8 use Facebook daily and 5 use Facebook weekly. When asked if members would use the Iowa Section Facebook page if one was created, 12 said yes and 8 said no. When asked how members would prefer to get information about the Iowa Section, 20 indicated email, 1 indicated the website and 4 indicated Facebook.

10. Business Meeting Topics: Randall will make the announcements. The next meeting will be February 16th. The Suppliers' Night is coming up in April with a few new activities planned. A survey will be available for members who did not complete one at the September meeting.

11. Food Science Club News: Lynch and Jin gave a club update. The Dairy Foods judging team received 2nd place in butter and 4th place overall at the Chicago competition. The Food Science Club trip is being planned for Wisconsin in the spring. March 23rd is Relay For Life in Ames and the Club will be having a team. Penny Wars raised \$185 for United Way. The Food Science Club has also been active in intramurals. Silent Auction donations will be collected at the meeting.

12. No further business was presented. It was motioned by Gilbert and seconded by Belknap to adjourn the meeting. Motion carried. Meeting was adjourned.

Submitted by: Kate Gilbert, Iowa Section IFT Secretary

IFT IOWA-SECTION EXECUTIVE COMMITTEE 2011-2012**CHAIR (11-12)**

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