



IOWA REGIONAL SECTION  
April 2010 Newsletter  
**INSTITUTE OF FOOD TECHNOLOGISTS**

THE PROFESSIONAL SOCIETY OF FOOD  
TECHNOLOGIST

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**Iowa Section IFT Meeting dates / locations for 2009-2010**

- ❖ September 24, 2009 – Story City, Iowa touring American Packaging Corporation (& dining at the Cottage On Broad)
- ❖ November 19, 2009 – Grinnell, Iowa touring Pulmuone Wildwood and Natural Products, Inc.
- ❖ February 18, 2010 – Iowa City/Amanas, Iowa touring Bochner chocolates in Iowa City and eating at the Ox Yoke Inn in the Amanas
- ❖ April 15, 2010 – Cedar Rapids, Iowa – Suppliers' Night

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*Hello Iowa IFTers,  
Welcome to Spring! It is finally here and to celebrate we have our biannual Suppliers' Night in Cedar Rapids April 15<sup>th</sup>. A lot of hard work has gone into the planning, so I am sure it will be a good one. After the Suppliers' Night, join us for dinner and our awards presentations. Scholarships will be announced and the ISU Food Science Club will update us on their yearly activities. I look forward to seeing you there,*

*Kate Gilbert, Iowa IFT Section Secretary*

## **ISU Food Science Club News**

- ❖ Ten food science club members and Dr. Wilson spent the last weekend in March in Minneapolis. Friday was filled with great tours. First, the group met with Jodi Waters, an ISU alum, at General Mills where they learned about career opportunities at General Mills and toured the main corporate offices building. The next tour took them to Ecolab where they enjoyed lunch, learned more about what Ecolab means to the food industry, and toured the research and development laboratories on site. Finally, the group ended their day at the Target's Food Division which monitors Target's store brands. The trip concluded with visits to Mill City Museum, the Science Museum of Minnesota, and the Mall of America.
  
- ❖ The IFT Product Development team is a finalist for the national competition!
  
- ❖ The IFT Regional Meeting will be hosted at Iowa State University this year on April 10th. Events of the day include the IFT Regional business meeting, tours of Iowa State's sensory and pilot plant facilities, and the College Bowl competition. The planning committee is very busy finalizing plans for the meeting!
  
- ❖ It's time for the Food Science Club VEISHEA Fudge Sales! This year, the club will be making 400 pounds of fudge! If you'd like more information about placing an order, contact Victoria Millen, [vmillen@iastate.edu](mailto:vmillen@iastate.edu). Also, if the Section is lucky, the students will bring some fudge to sell at the April meeting!

## **\*\*\*Miscellaneous News & Announcements\*\*\***

### **Bookmark – IOWA SECTION WEB PAGE**

The Iowa Section IFT web page is [www.ift.org/sections/iowa/](http://www.ift.org/sections/iowa/).

### **Job Opportunities-New Webpage Section!!!**

**Check out job postings or post job openings for your company. Jobs are still being posted!** If there is something you want to post that is related to our section or you see something that needs to be updated please contact Kate Gilbert at: [kate\\_gilbert@grainprocessing.com](mailto:kate_gilbert@grainprocessing.com)

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## Summer Fun—Judge Food Entries at the Iowa State Fair

**When:** August 12-22<sup>nd</sup> with food judging every day of the fair

**Why:** A few of us tried this last year and had a fun time at the Fair!

**What you do:** Submit an application to the Food Superintendent with your available times and food preferences (you won't have to judge sauerkraut if can't stand it...).

**What happens:** Directions, a parking pass, and a ticket for admission will be sent to you with your judging assignments (most likely one or two for the day).

**The day of:** Show up at the Foods Building, taste some food and confer with the other judges on the panel to choose winners. There is usually a set scorecard already prepared for you to use.

**Important Notes:** It is important to note that while Section members are highly qualified, many of the other judges have been participating for years. This makes us the "newbies". Also, the judging is done in front of an audience and introductions are made at the beginning. There is generally a recorder assigned to each judge, so you don't even have to write your own comments. This judging process all runs smoothly, but it is helpful to know what to expect ahead of time!

**Interested:** If you are interested, let Kate Gilbert know

([kate\\_gilbert@grainprocessing.com](mailto:kate_gilbert@grainprocessing.com)), sign-up at the April meeting, or wait for more information to come via email! The schedules and food categories are not posted yet for this year's judging, so more information and instructions will come when they are available!

# Iowa Section IFT SUPPLIERS' NIGHT

## Meeting Registration Information

April 15, 2010

Theresa Swaim and Dr. Lester Wilson have been conspiring to set up a great night for suppliers in central Iowa. Please come and support our Iowa Section and check out all these great vendors. New products, equipment, information and ideas as well as networking possibilities will abound! *And please donate several student dinner reservations to help support the ISU students in our section this night!*

**Date:** Thursday April 15, 2010

**Suppliers' Night** – begins at 4:00 PM

Fill out your Bingo Card while visiting with Suppliers to be eligible for over 18 door prizes. You must be present at the program to win!

**Location:** Clarion Hotel and Convention Center  
525 33<sup>rd</sup> Ave SW, Cedar Rapids, IA

**Program:** *IA Section Member and Student Recognition Night:*  
Iowa State University Food Science Club Update  
Scholarship and Award Presentations

### Agenda for April 15:

4:00 – 6:00 PM Suppliers' Night  
6:00 – 7:00 PM Social hour (Cash Bar)-BINGO Prizes Awarded  
7:00 – 7:45 PM Dinner  
7:45 – 8:30 PM Business Meeting and Program

### Dinner

Sage Stuffed Chicken or Vegetarian Lasagna  
Dinner Rolls, Salad, Green Beans Almandine, & Red Skin Garlic Mashed Potato  
Choice of Cookie  
Coffee, Tea, Water, and Milk

### Reservations and Costs:

E-mail reservations to Theresa Swaim ([theresa.swaim@onassignment.com](mailto:theresa.swaim@onassignment.com)) by **Thursday April 8**. Please complete the enclosed reservation form. If you do not have e-mail, fax the form to 1-866-923-1113 or call 515-556-3093.

Members or guests: \$30.00 (before deadline)  
\$35.00 (after deadline)

Students: Student Iowa Section IFT members will be sponsored

***Members – Please consider sponsoring a student at the meeting (\$30.00/student)! Sponsors and students will have the opportunity to interact during dinner. This is a great way to get know our students and possibly meet your future employee!***

Suppliers and Student Recognition Night  
 Clarion Hotel and Convention Center  
 Cedar Rapids, IA

**To make reservations:**

Mail, Fax or email (Please include "IA-IFT" in the subject line of the email.) this reservation form and payment (Due Thursday April 8) to:

**Theresa Swaim**

Lab Support  
 1200 Valley West Dr  
 Suite 403-9  
 West Des Moines, IA 50266

**Phone:** 515-556-3093  
**Fax:** 866-923-1113  
**Email:** theresa.swaim@onassignment.com

Reservations: **By Thursday April 8, 2010**

Members/Guests—\$30.00          Students—Sponsored by Members

Checks should be made out to Iowa Section IFT.

Name	Member, Guest (\$30.00)	Student (no charge)	Student Sponsorship (\$30.00)	<b>Meal Choice</b> Lasagna or Chicken

**REGISTRATION Deadline is Thursday, April 8, 2010**

Thank you! Theresa Swaim-Member-At-Large

## Iowa Section IFT Executive Committee Meeting

February 18, 2009 at the Ox Yoke Inn, Amana Colonies, Iowa at 4:00 pm

Members present: Boylston, Canon, Collier, Gilbert, Kellen, LaGrange, Lopez, McCarty, Olson, Swaim, & Wilson

1. Introductions were made.
2. The secretary's report was presented. Motioned by Wilson and seconded by Collier, the minutes were approved. In addition to the minutes from the November meeting, comments on the IRS and the tax status of the Iowa Section were shared. Gilbert took over the correspondence with the IRS to try to clarify the non-profit status of the section. The latest communication classified the Iowa Section IFT as a 501 c 6 organization although the National IFT files as a 501 c 3 organization. A new 990-EZ form was filed with an explanation letter to the IRS. In the meantime, a W-9 form will be completed for those companies needing the information for the Iowa Suppliers' Night.
3. LaGrange presented the treasurer's report. Balance 02-18-10 = \$12,534.70 with \$3025.00 of the balance being available for scholarships. The main increase in funds from November was from receiving Iowa Suppliers' Night table registrations. Motioned by Olson and seconded by Wilson, the treasurer's report was approved as written. The need for a receipt book was discussed and it was decided that LaGrange will purchase one before the April meeting.
4. Meeting updates were made by Wilson. The National IFT speaker, Dr. Gravani had to cancel for the February meeting, but is willing to reschedule for next September or November.
5. Swaim reported on the upcoming Suppliers' Night. Currently 11 tables have been registered with 5 or 6 signed up for door prize bingo. The goal is to register 30 tables. To further advertise the event, another round of emails and a National IFT email blast will be sent out along with a postcard reminder. Dr. Beattie will be holding a HACCP seminar before the Suppliers Night as planned. The meeting menu is similar to the previous Cedar Rapids event. The meeting will include door prizes, scholarships, and an ISU Food Science Club update.
6. For Food Science Club News, it was reported by McCarty that our second Iowa Section IFT undergrad representative will be Ginessa Gerlock. Club members are getting ready for the product development competitions, a club trip to Minneapolis, hosting the regional IFTSA meeting and College Bowl competition and making and selling fudge for VEISHEA.
7. The State Science Fair competition will be held in Ames March 26<sup>th</sup> & 27<sup>th</sup>. Boylston will let the planning committee know the Iowa Section would be willing to judge projects and award a top junior high and senior high food-related project. The Iowa Section contributes \$50 to each winner. The ISU FSHN department has matched \$50 for each in the past. A few volunteers from the central Iowa area will be needed for judges. The winners will be invited to attend the April meeting if possible.
8. The new scholarship applications are ready to be handed out at the meeting and distributed through the FSHN department at Iowa State. Randall was absent, but as long as she is willing, will gather scholarship funds.
9. Olson gave a proposal on what could be done with the MFPC funds the section received after the event was dissolved. The funds total ~\$3700. There was a lot of discussion, but it was motioned by Wilson and seconded by Olson with the motion carrying to use the money for an additional \$500 scholarship (the MFPC Memorial Scholarship). Other ideas to be pursued include a possible "rising star" scholarship for a young student with potential and travel grants

for students presenting papers at National IFT meetings. Criteria and specifics would have to be determined for those possibilities.

10. Lopez explained the current executive team roster and where positions will need to be filled for next year. For Chair Elect, Joan Randall will be asked for approval to be nominated. Swaim agreed to be nominated for Treasurer. For Member-At-Large positions, Kelly Belknap, a member from Swank, Stephanie Clark, and Sharon Leas will be approached.

11. Community Initiatives were discussed. It was decided that the food and coat drive was a success. Also, a donation of \$100 was made to the Riverbend Food Bank in eastern Iowa.

12. No further business was presented. It was motioned by Gilbert and seconded by Kellen to adjourn the meeting. Motion carried. We adjourned and enjoyed an Amana meal at the Ox Yoke Inn.

Submitted by: Kate Gilbert, Iowa Section IFT Secretary

**IFT IOWA-SECTION EXECUTIVE COMMITTEE  
2009-2010**

**CHAIR (8-10)**

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**STUDENT REPRESENTATIVES**

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