



January Newsletter

Iowa Section

Institute of Food Technologists

January 2019 Volume 19, Issue 2



Happy New Year!

We hope you all had a great holiday season and had some time to rest and relax with your family / friends. Can you believe it's already 2019? Your IAIFT team has a lot of fun events in store for you this calendar year.

The last quarter of 2018 brought many fun and exciting events for our group. In September the group made its way to Cedar Grove Orchard in Cambridge, IA where we had an awesome tour of the facility. In October we partnered with ISU to help support some of their homecoming activities. In November we toured B&G Foods / Tones Spices in Ankeny, IA. All of these events made for a great time.

We have a lot in store for 2019 starting with a volunteer event for our members on January 24th at Meals from the Heartland. Join us as we package meals for local lowans. Join us as we give back to a community that has given us so much. We look forward to seeing you there!

Mackenzie Leith
IA-IFT Secretary

Inside this issue:

Food Science Club	1
Fall Recap	2
Upcoming Events	3
Scholarship Winners	4
Industry Happenings	4
Meeting Minutes	5-6

Upcoming Event Dates:

- January 24th
- February 28th
- April 2nd



Food Science Club Update

The semester just wrapped up and students are finishing up winter break! We recently had elections for the new Food Science Club executive team. The new team includes two new IFT representatives, Mark Bollom and Adam Schonert! We held our Field of Opportunities event to allow students to network with food science industry members the night before the career fair, and it was a big success! We also helped put on the annual Food Science and Human Nutrition Silent Auction, which is our biggest fundraiser for the year. The event was a big hit with a potluck, variety of fun and unique gifts, and the faculty sang to the students again this year! Our fudge sales are coming up in February and we have made a packaging switch that we are very excited about! We have changed from the mini muffin liner to foil pans that will streamline production and will provide our customers with an aesthetically appealing gift! We also participated in a new IFTSA event this year, Festive Foodie! Our club was tasked with assembling a gift box and sending it to another chapter in the nation! We sent a box to The Ohio State University and received a box from the University of Kentucky. It has been a fun and rewarding year serving as the Food Science Club IFT Representatives!

Fall Recap



In September the group visited Cedar Grove Orchard in Cambridge, IA. Here members learned about various apple varieties, growing methods, sorting and washing methods and how the company runs the orchard. In addition we got to enter the kitchen and learn more about how they make some of their delicious apple pies. Following the tour we headed over to Prairie Moon Winery for dinner and our business meeting. During the meeting we had our

annual dessert challenge. We had many great contenders making it hard to choose a winner. Thank you to everyone who participated in the challenge.

In October IAIFT partnered with ISU to support the FSHN External Advisory Board Wine & Cheese Reception and the young ISU alumni tailgate. This was a great way to give back and support our future scientists and the ISU community. Everyone who attended had a great time networking and cheering on the Cyclones.

We wrapped up 2018 in November in Ankeny, Iowa. We first headed out to B&G Foods / Tones Spices for a tour of their plant. We learned all about their manufacturing process and the spice industry. We had a great time visiting the plant. Following the tour we headed over to District 36 for dinner and a business meeting. During our business meeting we handed out our annual scholarships. Congratulations to all the winners!



Upcoming Events



Join IAIFT in January as we volunteer with Meals from the Heartland!

Who: Anyone with interest in the food industry

When: January 24th, 2019

Where: Meals from the Heartland — 357 Lincoln Street, West Des Moines, IA 50265
Happy hour and networking to follow at The Hall—11 S 11th St, West Des Moines, IA 50265

Agenda:

3:00—5:00 pm Packaging Meals at Meals from the Heartland facility in West Des Moines.
Please arrive 10 minutes early.

5:00—7:00 pm Networking & Happy Hour at The Hall

Join us as we volunteer at Meals from the Heartland. We will be packaging meals to help support those in our community. Following the volunteer even we will head down to The Hall for anyone who is interested for networking / happy hour. There is no formal business meeting at this event.

Registration: Free! Please join us as a volunteer. We are looking for 25 –30 volunteers for this event. Registration is on a first come basis if we exceed the number the facility can hold.

Register online at www.iftiowa.org by January 21st!



Mark you calendars for February 28th, 2019!

Our next IAIFT event will take place on February 28th! We will be heading out east to Decorah, IA. Here we will visit Toppling Goliath Brewery for a tour of their facility. We will send out more details shortly when we open registration, but mark your calendars so you don't miss this awesome event! We look forward to seeing you there!



Food Science Club Update

Our November meeting was Student Night this year. During we student night we honor select students with scholarships for all of their hard work in food science. Students are selected based on their academic work, involvement with IAIFT and based on professor recommendations. This year we handed out four scholarships to some very deserving individuals. Congratulations to the following recipients:

- Delaney Webb - Kemin Industry Scholarship \$1000
- Mark Bollom - Eurofins Industry Scholarship \$1000
- Kori Beisbier - Outstanding Undergraduate Student \$1500
(\$1000 for IAIFT and \$500 from Andrea Weiss)
- Manreet Bhullar - Outstanding Graduate Student \$1500
(\$1000 from IAIFT and \$500 from Ross Jabby/Hormel)

Thank you to our industry sponsors—Eurofins Scientific, Kemin Industries, Andrea Weiss, Ross Jabby and Hormel—for supporting our students!



Industry Happenings

The food industry is always evolving. Here are a few of the *Food Technology Magazine* Editors predictions on hot food trends for 2019.

- Plant-based meats will continue to grow in popularity
- Botanical flavors will show up in more mainstream beverages
- Cannabis infused foods will see a rise in the food market
- Sustainability stories in food processing will continue to find popularity among consumers

September Executive Meeting Minutes

September 18, 2018 via phone at 9:00 am

Present: Fransen, Gent, Gilman, Klein, Lee, Leith, Schaumberg, Van Thomme

The September meeting of the IA Section IFT executive council was called to order at 9:06 a.m. by Klein.

1. Past President Report: Gent and Dr. Clark went through and changed the reference section on the scholarship application. Instead of a letter from a professor, only a recommendation form is needed. This should make it easier for the professors as only a few short questions with ratings. Hopefully this will prevent hold ups by faculty. Leith to send out an email announcing the scholarship is open and ask for industry sponsors. We will mention at the meeting today as well. Invoices can be sent via Paypal. Gilman will discuss at next food science meeting.

The affiliation agreement was signed and updated.

The annual report was submitted. Van Thomme to keep track of meeting dates and number attended for next year's report. He has a live doc going. A spreadsheet of meeting costs is a good document to keep updated as well in the Google drive.

Update the by-laws on our website—Leith to update.

Financial report is due at the end of October.

2. President Report: Suppliers night with Aksarben is in full swing. They will be having bi-weekly planning calls. Klein and Van Thomme are invited to these. Van Thomme will be the liaison for our group so that we can discuss what we did / didn't do with the Aksarben section. Klein will jump on when needed. Lynda whom we used last year is not wanting to help as much so Aksarben needs to push her a little bit, particularly on scholarship eblasts. Last year she sent all eblasts. For the culinary challenge question should be sent to Gent. We need to make sure we can field a couple of teams from ISU for the event (think we can get at least 2). Gilman to get the word out to ISU students in advance. Tuesday April 2nd will be the Supplier's Night.

3. President Elect Report: For the meeting today Todd will arrive by 4:30 or 5 at the winery to help get it set up. They will have 2 tables for the caterer with black linens and a table for the dessert challenge. Event space has booths to sit so don't need linens here. At least 35 eating spots and standing space if more is needed. Still need to buy gift cards on the way up there. There are gluten free and vegetarian options. For the dessert challenge, Food Science club is bringing candy corn for voting and notecards for names and allergens of desserts.

Looking at our plans for the year. October 26—advisory board wine / cheese reception. We need to reach out to Ruth again to make sure we are representing. Gent has link to get people registered. Club meeting is 12—5:30 and reception is at the end of the day. October 27 is the tailgate / football game. See if we can get our logo on items. We had IFT tattoos in the past—we will confirm what we are allowed to do then touch base. The November 8th meeting. Could possibly do Toppling & Goliath. Van Thomme to check. Frontier in the East could be good. May want to stay central since student night. A&E or Tones could be good. February meeting to move to the East. Shoot for Toppling & Goliath here on Feb 28 or Mar 7. January 24 for our volunteer event at Meals from the Heartland. Van Thomme to set the location and see if a company would want to partner with us. Could potentially partner with ISU fraternity. Gilman to chat with them next week. Goal to have all meetings set by mid-October with agenda for the year that we can hand out at the event. Can we do QR codes for the event?

Discovery board meeting—have Gent talk to Kate Gilbert and Dr. Parusa to discuss. Most likely Feb 12 this year.

4. Secretary Report: Need to put up picture of scholarship winners on the website from April.

5. Food Science Club Report: Selling fudge at the local foods fest in Ames here soon. Have had one meeting on campus so far. For the orchard today we will all meet out by the hay bale in front and meet with Brian. If raining too bad we will go into the sorting room instead.

6. Treasurer's Report: The current account balance is \$19,253.53. Coleman filed taxes with H&R Block on Saturday, September 8th. Coleman plans to submit the financial report to National IFT by the end of the week.

Continued on page 7



November Executive Meeting Minutes

November 14, 2018 via phone at 9:00 am

Present: Coleman, Erickson, Fransen, Gent, Klein, Lee, Leith, Schaumburg, Van Thomme

The June meeting of the IA Section IFT executive council was called to order at 9:10 a.m. by Klein.

1. Past President Report: Gent reviewed the scholarship winners that would be handed out at the meeting that night. She will print the certificates. Coleman will bring the checks with her.

2. President Report: Received an email from Mike McCarthy wondering if we wanted him to attend a future board meeting. Need to determine what we would have him discuss as a national representative. Discussed that many students don't see the value in being an IFT member. This would be a good topic to have him discuss. Many are discouraged that they apply for national scholarships, but never receive as well so have him discuss this as well. The November meeting is at B&G Foods. Because of the size of the group we will have to be broken into two groups. The first group will go at 1:30 and the second will go at 3. Need to have one board member at each. Schaumburg and Fransen will be at the 1:30 tour and Erickson, Lee and Gent will be at the 3:00 tour. Board members in charge of printing extra confidentiality agreements and making sure every participant brings one. Dinner and networking will start around 4:30.

3. President Elect Report: Van Thomme is working with Toppling and Goliath on our next meeting. Can do either Feb. 28 or March 7. After discussion the board decided to move forward with the Feb 28 date. Should it be bad weather like it was at the time last year we can postpone to the March 7 date. Van Thomme will work on arranging a dinner as well. Supplier night with the Aksarben section is set for April 2nd. Klein and Van Thomme are having bi-weekly calls with the section. Everything appears to be on track with the group. Our section will work on getting a bus together for anyone who is interested from our section in attending. Aksarben will be hosting the Culinary Challenge during the event. They had questions regarding the operations of it. Will give them Krista Gent's, Kate Gilbert's and Erica Bierman's contact information to answer questions since they are the most involved with that event. The meeting moving forward were moved to Wednesday nights at 5.

4. Secretary Report: No report.

5. Food Science Club Report: Nominations opened last night and will happen at the end of the month for new leaders. We are potentially partnering with Phi Tau Sigma for the Meals from the Heartland event. ISU is applying for funds. Depending on the outcome of that will determine if we are partnering or not.

6. Treasurer's Report: We had an ending balance of \$15,715.03. This does not include Paypal sweep for the meeting yet. We received checks from Kemin for \$1000, \$250 from Routh (still waiting on the match from Hormel of \$250), \$500 from Andrea Weiss and \$1000 from Eurofins. We gave a \$2,000 donation to human nutrition department for the homecoming donations. Coleman has already filed our taxes for the year.

7. Board Member Reports: No report.

8. Adjourn: Van Thomme motioned to adjourn. Leith second. The motion passes and the meeting is adjourned at 9:59 am.

Respectfully submitted, Mackenzie Leith, IA IFT Secretary



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7. **Board Member Reports:** No report.

8. **Adjourn:** Gent motioned to adjourn. Van Thomme second. The motion passes and the meeting is adjourned at 9:57 am.

Respectfully submitted, Mackenzie Leith, IA IFT Secretary

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