



February Newsletter

Iowa Section

Institute of Food Technologists

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Professional Development

Welcome to the Iowa Section's first newsletter of the new year! You will notice some new things popping up around our section this coming year (including this column). As a board we've committed to trying *at least* one new event this year as follow-up from last summer's national IFT section leadership forum. In addition to new columns, events, and an increased social media presence, you will also see a focus this year on professional development. As an executive team, we decided to focus on providing you professional development content, tips and more during this coming year; you might have already noticed this during the fall, but look for more to come! One upcoming happening during our February meeting is via our sponsor for the event Aerotek. Aerotek is an employment and recruiting agency entrenched in the work of many Iowa food companies and affiliated biotechnology industries. At each meeting location, an Aerotek representative will give a short speech about their company and resources that they can help provide. Not only is this a good opportunity for students, but also maybe for you experienced professionals out there looking for a change. I look forward to seeing those Des Moines folks at the February meeting, and the rest of you at our April meeting in Iowa City/ Coralville.

Until then!

Brittany Bailey

IA Section IFT President 15-16

2015-2016

Event Dates:

- September 17th
- November 19th
- February 18th
- April 21st

Executive Committee Positions Open

We are seeking candidates for President-Elect. This position is an elected three year term. The President-Elect is in charge of planning meetings, running meetings, and helping with the goals of the organization. We are also looking for a Treasurer to manage our section finances and create our yearly budget. The treasurer is an appointed position. Serving on the executive committee is a great way to get involved. Are you interested or do you have questions? Contact Brittany Bailey (BBailey@prok.org) for more information.



Iowa Section IFT Fun February Mingle Event



Meet new Foodie Friends in your Area

Who: Anyone in the industry! Invite your co-workers in marketing, sales, HR, etc.

When: February 18th, 2016

Where: Four locations (Same Event, Different Locations)

- **Ames:** Olde Main Restaurant (316 Main Street)
- **Des Moines:** Court Avenue Restaurant & Brewing Company (309 Court Ave.)
- **Coralville:** Back Pocket Brewery (903 Quarry Rd.)
- **Sioux City:** Minervas (2945 Hamilton Blvd.)

Agenda:

Come and Go Happy Hour Event

5:00pm - 7:00pm

- Free Appetizers and Fun Activities
- Learn about Aerotek (Our Event Sponsor)
- Come straight from work for appetizers and fun
- Stay for dinner with new and old friends (optional)



Sponsored by AEROTEK



Please RSVP online at www.iftiowa.org by February 15th
(just to help us with planning)



Food Science Club News

Networking and Professional Development will be the overarching theme for the Iowa State Food Science Club this year. Specifically, our meetings and events will focus on strengthening relationships between FSC members and industry professionals, both in Iowa and around the Nation. Additionally, we hope to highlight the research of our faculty, as well as focusing on other professional skills such as résumé building, and finding opportunities for undergraduate research.

-Nathan Davis & Morgan Denzer



Meet the new student representatives!

Morgan Denzer is the 2016 IFT Undergraduate Representative. She grew up in a small town outside of Green Bay, Wisconsin where she helped her family raise a small herd of cattle and sheep. She is a sophomore in Food Science as well as a teaching assistant in the FSHN 101 class. Morgan is involved on campus with the Collegiate FFA, National Society of Collegiate Scholars, and ISU Block and Bridle Club. Off campus, she is serving as President of the Wisconsin Junior Shorthorn Association where she represents her state at the national conference each year and helps to run a cattle show in June.

Nathan Davis is the 2016 IFT Undergraduate Representative. He is a Research Scientist for the Polymer and Food Protection Consortium at Iowa State University. Nathan's research interests are varied, and include the characterization of volatiles in microwave popcorn and its packaging, real-time monitoring of heavy metals, and finding systemic solutions for end-of-life sustainability in plastics. Nathan holds a BS degree in both Food Science and Global Resource Systems from Iowa State University. Nathan is very active in University affairs, and sits on several committees, including the Graduate and Professional Student Senate.

Apply For Scholarships!

The Iowa Section IFT will be awarding scholarships to students studying food science or closely related fields in the state of Iowa. To be considered for a scholarship, each student must be a member of the Iowa Section IFT. Attendance at Iowa Section IFT meetings will be taken into consideration when selecting scholarship recipients. Scholarships will be awarded at the April 21, 2016 Iowa Section IFT meeting. Students please visit our website to apply!



Scholarship applications and letters of recommendation are due March 4th!

Scholarship Donation Request



Dear Iowa Section IFT Members,

The Institute of Food Technologists (IFT) Iowa Section was organized in 1947 with the first official meeting held on April 18th, 1952 on Iowa State University campus. The mission of the Iowa Section is to provide education and networking opportunities for the Iowa Food Science community. One essential element of the Iowa Section is undergraduate and graduate student involvement. At each meeting, we specifically have activities to encourage interaction between the food industry and the students. In November we held our third Culinary Challenge where students teamed up with industry captains to develop a new product for Iowa Section meeting attendees. Additionally, every spring the Iowa Section hosts a Student Night to honor our student's achievements.

Each year, the Iowa Section IFT has provided scholarships to undergraduate and graduate students who have shown excellence in the classroom, research, and food industry involvement. This year, we are asking all applicants of the scholarships to explain how the money will advance the food industry. Recipients will be required to provide the Iowa Section of IFT an update at the next year's meeting on what they have done for the food industry.

We have had great support in the past and greatly appreciate the generosity of our members and company sponsors. Last year we were able to provide seven scholarships to deserving Iowa State students. These scholarships have ranged from \$250 to \$750 through industry and member sponsorships. The Iowa Section will be providing scholarships for the Outstanding Undergraduate Student and Outstanding Graduate Student. This year we would like to offer the sponsors of the Iowa Food Industry scholarships an opportunity to interact more with the recipient. This could be a tour of your facility, a shadow day with a scientist, or simply a news release of what the scholarship means to them. Would you or your company be willing to sponsor or donate to one of the Iowa Food Industry Scholarships?

If your company would like to donate money for an industry scholarship, please let us know, or provide us with a name of a contact person. Our goal is to have our scholarship donors determined by March 1st if possible.

Thank you for your support.

Sincerely,

Iowa Section IFT Executive Board

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November Meeting and Culinary Challenge Recap

Our November 2015 IA IFT Meeting was a great time. We started by touring the Iowa State Dining storage facility. It was amazing to learn about the logistics of serving food to over 35,000 students each day. Alluvial Brewing Company was a great location for our meeting where we enjoyed dinner from B-Fabulous BBQ. We also had fun tasting four delicious Culinary Challenge creations that used Jolly Time Popcorn in a new creative way. The Culinary Challenge was a great success. Thank you to all of our industrial ingredient sponsors!



1st Place: Poppin'licious



Popcorn Mousse Trifle

2nd Place: A-maizing Squad



Pomegranate Ancient Grainola

3rd Place: Future Foodies



Popcorn Stuffing Poppers with Pumpkin Pie Sauce

4th Place & popular vote:

The Kangaroo Cooks



Mini Popcorn Bowls with Maple Caramel Filling and Apples

Member Spotlight



Name: Dawn Canon

Company: Burke Corporation

Location: Nevada, Iowa

Job Title: Food Scientist



What is something interesting about your job? There is never a dull moment. I love that new ingredients are continually formulated to improve flavor, functionality, and reduce cost. It is such a thrill to be on the cutting edge of science and implement new technologies into real life products.

What is your favorite food? Beef

What is the strangest food you have ever eaten? Goat tongue. It looks too similar to human tongue for me.

What are your hobbies? With 8 kids, ages 10 to 21, attending their activities (cross country, basketball, football, soccer, rowing, track and field, swimming and diving, chorus, band and orchestra) takes most of my free time. When I do find time in the schedule, I enjoy looking through cook books, hiking, kayaking, and adventure trips with my family.

What is your favorite part about being an Iowa Section IFT member? I love the student Culinary Challenge. I am so impressed with the knowledge and culinary skills that young people have today. The executive committee and members of the Iowa Section IFT do a wonderful job organizing meetings and tours that allow us to learn from each other.

Join us on social media!



Like us on Facebook!

Search for Iowa Section Institute of Food Technologists



Join our group on LinkedIn!

Search for Iowa Section Institute of Food Technologists (IAIFT)

November Executive Meeting Minutes

November 19th, 2015 at Iowa State University in Ames, Iowa 12:24 p.m.

Present: Bailey, Gilbert, Gent, Lily, Russo, Schaumburg, and Shaw

1. **Introductions** were made. Gent has returned from maternity leave. Bailey has started a new job with the National Pork Board.
2. **Secretary's report:** Gent communicated that her & Belknap are still working on transitioning website and PayPal duties. There was further discussion on secretary duties. It was decided that the president will help write the front page of the newsletter. It was also decided that the president-elect will take care of the upcoming meeting information on the website.
3. **Treasurer's report:** Bailey reported for Loucks that the balance as of November 19th, 2015 was \$19,683.49. It was discussed that the sponsor student button needs to be removed for all but one meeting per year. Bailey noted that Loucks has not seen a PayPal deposit for the September meeting yet. Shaw informed the group that she was waiting until after the November meeting to make the deposit. It was noted that the section did not receive payment for one September meeting attendee. There may have been confusion by the attendee and it was decided to just dismiss the un-received payment. Bailey also said she would e-mail Tom Foley from national about our section insurance information so we can finalize our 2015-2016 budget.
4. **Food Science Club Update:** Schaumburg reported that they have had very good turnout with about 30-60 students attending their meetings for the first semester. Each meeting they have had companies in to speak to the club. Carson reported that the Food Science Club will be holding elections at the next meeting, and have a full election slate. Schaumburg also reported that the club sold fudge at the Iowa State University homecoming pep rally. The club asked the section for donations for their annual FSHN silent auction to be held on December 2nd
5. **Social Media Update:** Russo gave an update on the section social media presence. She reported 54 likes and 9 posts for the section Facebook page since its launch on October 1, 2015. She also reported 2 posts on the section's LinkedIn page. Russo will invite everyone on the current membership list to join the section's LinkedIn group.
It was decided that the section will host a holiday dessert challenge on Facebook. Members will be asked to post a recipe with a picture a brief reason why the dessert is their favorite. The section will award prizes for the top three participants who get the most likes for their posts.
6. **Tasks for the November meeting:** There was a brief discussion on logistics for the night.
7. **February Meeting:** It was decided that the February meeting will take place in four different locations including Des Moines, Ames, Iowa City and the Sioux City area. The group will send emails and have conference calls to finalize the remaining details.
8. **National IFT Visit:** The section has requested a national IFT senior staff visit. Bailey will ask for the visit to occur at our April 21st meeting. One topic the section would like to discuss with them would be resources for professional development.
9. **2016-2017 Election Slate:** National IFT requests that we have our 2016-2017 election slate into them by January 2016. We will need a president-elect and a treasurer. There was a brief discussion on possible nominees.
10. **Bylaws Update:** Gilbert informed the group that Erin Carter from national helped the section



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Minutes Continued

find the rules and legislation needed for updating the section bylaws. Gilbert said she would send out the state code to the executive committee for review before a conference call with National IFT. The committee plans to have the bylaws approved by national and have it ready for Iowa section members to view at the February and April meetings and will hold a vote for approval after the April meeting.

11. **New Member Information:** A new member brochure was started by Gilbert and Weigel at the September meeting. Weigel will continue to work on it and present a draft to the group soon.
12. At 1:37 Gilbert moved to adjourn the meeting & was seconded by Russo. The motion passed.

Respectfully Submitted, Krista Gent, Secretary

Edited by:

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Institute of Food Technologists

